Fever, Rash and Travel?

Consider Measles.

Measles cases continue to be identified in returning international travelers and travel related to U.S. outbreaks. Measles is highly contagious. Please help protect patients, visitors and staff.

Consider measles in people with:



Compatible illness

PRODROME

- Fever, often high
- Cough, coryza, conjunctivitis
- Koplik spots

RASH ONSET (usually 14 days after exposure)

- Begins a few days after onset prodrome
- Maculopapular rash begins on face and head
- Spreads to trunk then extremities (down and out)
- Fades in order of appearance

Potential Source of Exposure in 3 Weeks Prior

- International travel
- Travel to outbreak-affected area
- Contact with people with similar symptoms



Note: Not all people with measles will meet all of these criteria.

If you suspect measles, act immediately:

Implement airborne precautions; mask and isolate patient-negative pressure room if available.

Permit only staff with written documented immunity to measles to be near the patient. Contact your local health department or the North Carolina Division of Public Health (919-733-3419; 24/7) immediately to discuss testing and control measures. Notify receiving facilities before referring or transferring patients to avoid exposures. Do not use any regular exam room for at least 2 hours after a suspected measles patient has left the room.

Visit

http://epi.publichealth.nc.gov/ cd/diseases/rubeola.html

for more information.



State of North Carolina | Pat McCrory, Governor

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